

Synopsis

This book presents a fun and practical way of learning the functions of acupuncture points on the twelve primary and eight extra channels.. Students are invited to colour and doodle their way through the sequence of images on each channel in turn embellishing anything they find difficult to remember or recall. Through the drawings the author offers her own imaginative visual representation of each point based on translations of the Chinese point names. The text page opposite each set of drawings provides a quick cross reference for the student, with a simple list of the point names and the main functions relating to each. The flexible style of this book accommodates the needs of students from a wide range of schools and traditions. This is an essential learning resource for students of acupuncture, acupressure, shiatsu and massage, and is ideal for revision and self or paired testing.

Book Information

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Customer Reviews

I rarely post reviews but was extremely excited to receive this coloring book. Memorizing from Deadman's or CAM can be exhausting for any grad student attending a Traditional Chinese Medicine school. This book helps me take mental breaks and lock in the more commonly used points. I brought it to school with me and tons of classmates wanted the book, it's important to support the author and buy this book instead of making photo copies for friends. I tend to use Japanese fine tip pens to color in like juicy or maica but I assume one could use any of the pens folks use for adult coloring books.

Great book this helps me cement in the things I have learned in Deadman. I love to color and recite what the point does. I recommend this book to all acupuncture students that don't learn from memory alone. Pictures help get this in the brain.

I bought it thinking it would be a nice way to review point functions but their functions are kind of nonstandard. There is not really much to color in this "coloring book" because there isn't much space between the lines. It's kind of convoluted in it's approach.

Not the best artwork to convey the meaning of the actual points. I was disappointed with this text. But it gave me the idea to make my own images, so that was helpful. A great idea for learning, the pictures are quite as helpful as I'd like.

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